

2022 SESSION

INTRODUCED

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HOUSE JOINT RESOLUTION NO. 195

Offered February 4, 2022

Commending the Roanoke 100 Miler.

Patron—Rasoul

WHEREAS, the Roanoke 100 Miler, an exercise program that has inspired countless residents of the Roanoke Valley to get out and get active, celebrates its 10th anniversary in 2022; and

WHEREAS, each January, the City of Roanoke's Department of Parks and Recreation organizes the Roanoke 100 Miler to challenge participants to walk, run, or hike 100 miles, or an equivalent number of 30-minute intervals of human-powered activity, in 100 days; and

WHEREAS, every year, hundreds of residents in the Roanoke Valley track their exercise through the Roanoke 100 Miler program, fostering a culture of health and wellness in the community; and

WHEREAS, during the 100 days, the Roanoke 100 Miler organizers hold special events and giveaways to encourage participants to stay focused and finish the program; and

WHEREAS, for its 10th anniversary, the Roanoke 100 Miler has moved to a digital platform, enabling participants to utilize their preferred tracking devices to log their activities while facilitating communication between both the program organizers and fellow participants; and

WHEREAS, the Roanoke 100 Miler was made possible through the visionary leadership of the City of Roanoke's Department of Parks and Recreation and the generous support of its sponsors, including Fleet Feet, Walkabout Outfitter, and Gold's Gym, which serves as the program's base camp in 2022; and

WHEREAS, by motivating individuals to remain active during the coldest months of the year, the Roanoke 100 Miler has greatly supported many residents of the Roanoke Valley in the pursuit of their fitness goals; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby commend the Roanoke 100 Miler on the occasion of its 10th anniversary; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to organizers of the Roanoke 100 Miler as an expression of the General Assembly's admiration for the program's contributions to the Commonwealth.

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