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HOUSE JOINT RESOLUTION NO. 39

Offered January 12, 2022 Prefiled January 12, 2022

Commending Keira Carlstrom D'Amato.

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Patron—Adams, D.M.

------Adams, D.F

WHEREAS, Keira Carlstrom D'Amato of Midlothian was named the 2018 USA Track & Field Long Distance Runner of the Year; and

WHEREAS, Keira D'Amato finished in the top five among American women in the 2019 Berlin Marathon; and

WHEREAS, Keira D'Amato earned a place in the field of runners at the Olympic Marathon Trials in Atlanta, Georgia, in February 2020; and

WHEREAS, Keira D'Amato then achieved the Olympic "A" Standard for women marathoners; and WHEREAS, in the inaugural Up Dawg Ten Miler held in Washington, D.C., in November 2020,

Keira D'Amato, at age 36, broke the 10-mile record for women's races in the United States; and

WHEREAS, Keira D'Amato's record was recognized by the Association of Road Racing Statisticians as the world record for women's-only 10-mile road races; and

WHEREAS, as the wife of an often-deployed United States Air Force/Virginia Air National Guard officer, the mother of two young children, and a full-time real estate agent, Keira D'Amato nevertheless has managed to fit a grueling training regimen into her daily schedule; and

WHEREAS, despite suffering a potentially career-ending injury at age 24, Keira D'Amato resumed running after a seven-year hiatus, and during the past four years she has lowered her marathon personal record from 3 hours and 48 minutes to 2 hours and 34 minutes; and

WHEREAS, in 2019, Keira D'Amato was inducted into the Oakton High School Athletics Hall of Fame in Fairfax County and in 2017 into the Athletics Hall of Fame at American University, where she was a four-time Division I All American; and

WHEREAS, as a member of the Richmond Road Runners Club, Keira D'Amato has demonstrated good citizenship by serving during the past two years as a volunteer, speaker at running camps and schools in Metro Richmond; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby commend Keira Carlstrom D'Amato for her accomplishments as an elite runner; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to Keira Carlstrom D'Amato as an expression of the General Assembly's admiration for her exceptional athletic achievements.